

A TYPICAL DAY AT CAMP

7:15 am	Campers wake up
7:45am	Pre breakfast activity - O Canada and wake up game
8:00 am	Breakfast
9:00 am - 12:00 pm	Activities - arts and crafts, swimming, boating, canoeing, skills development
12:00 pm	Free time
12:30pm	Lunch time
1:30pm	Tuck shop
2:00 pm	Group activities - organized games, theme related activities
4:00pm	Free swim, boating, water skiing, tubing
6:00pm	Dinner
7:00pm	Group activities, organized games, theme related activities
8:00pm	Power Hour JR
9:00pm	Power Hour SR
9:30pm	Lights out JR
10:30pm	Lights out SR

ACTIVITIES AT CAMP

Each week at camp has a different theme. Previous themes have been, Olympics, The Old West, Medieval Times. Theme based activities are group games using these themes as a guide line, for example in the Olympic years we ran Olympic type events but made them rather silly. The javelin throw, we use a pool noodle instead of a javelin.

Much of the Camp activities are based around our waterfront. Every camper has an opportunity to canoe, kayak, tower jump, tarzan rope, water ski, wake board or go tubing.

Other activities include; arts and crafts, organized team games, wilderness adventure activities.

Once a week have the opportunity to participate in "Motocamp" were they can choose to ride an ATV or a small motorcycle.

Power Hour is our evening program that consists of skits, singing, silly games, and a Spiritual theme based message.